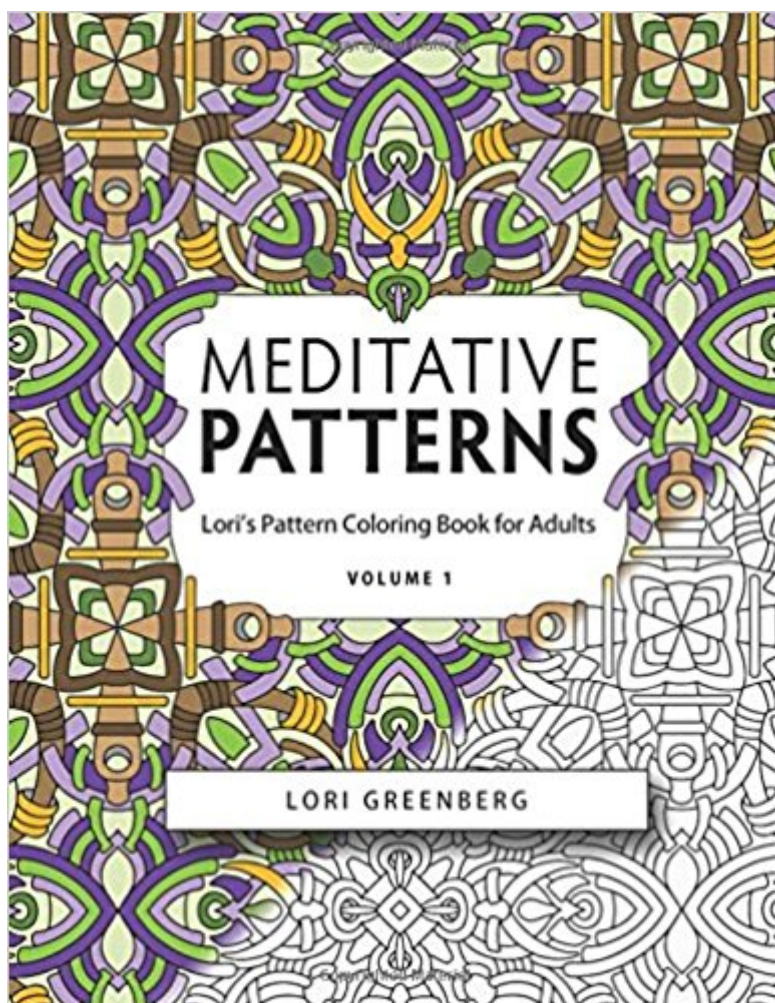


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# Meditative Patterns (Lori's Pattern Coloring Book For Adults) (Volume 1)



## Synopsis

Relax and unwind with 50 single-sided pattern coloring pages and your favorite pens or pencils. Designs range from moderate to more intricate detail and will provide many hours of coloring enjoyment. Lori Greenberg is a visual artist, living in the foothills of Cave Creek, Arizona. While she finds comfort and relaxation in creating patterns and mandalas, it is her hope that you will experience the same as you color along. For more information on Lori's coloring books for adults, visit [www.lorigreenberg.com](http://www.lorigreenberg.com), or join Lori Greenberg's Coloring Connection group for colorists on Facebook.

## Book Information

Series: Lori's Pattern Coloring Book for Adults

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Product Dimensions: 8.5 x 0.2 x 11 inches

Shipping Weight: 11.7 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars 20 customer reviews

Best Sellers Rank: #494,138 in Books (See Top 100 in Books) #18 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Mosaics #303 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Mandalas & Patterns #1248 in Books > Arts & Photography > Decorative Arts & Design > Decorative Arts

## Customer Reviews

The patterns are very soothing and allow you to "get into a groove". You can feel yourself relax as you move around the page. We prefer colored pencils, and the high quality paper is perfect as I believe it will be for markers as well. My daughter is a freshman in college and enjoys coloring as a way to de-stress, she loves the patterns and the overall look of the book. We're looking forward to warmer weather and sitting on the deck doing some coloring! Disclaimer: I received an ARC copy from the author and voluntarily reviewed this book.

This is my first coloring book, and I couldn't be happier with it. The pages are large (8 1/2" x 11 1/2") and printed on one side on quality paper, and the paperback format makes it easy to open fully to

reach all that pattern-y goodness. There's a wide selection of different patterns to suit your mood, from mandalas to repeating tiles to designs that call to mind a favorite kaleidoscope from childhood. Some have intricate detail and others are more relaxed and flowy- there really is design here to accommodate almost any taste! I'm looking forward to trying more of this artist's books in the future.

This is a very nice book! There are designs for everyone from newbies to advanced. The patterns are perfect. The paper it is printed on is nice. It's thicker than normal paper but it's not thick like cardstock is. Which is what I usually have but I took a chance with this book and love it. I color using gel ink pens which did not leak through the pages. (Any mistakes are my own on the page not the designers)

This is my very first coloring book (as an adult). I had to borrow colored markers from my grandson since I had none, but plan to purchase my own coloring pencils now that I see how much fun it is. There are 50 pages of in this book. Lots of beautiful designs. A word of caution, if you're using markers, you might want to put a piece of paper or saran wrap between the pages. The sheets are of high quality, but I was glad I took this extra step to protect the pages. It was mostly unnecessary and probably fine if using pencils. Disclaimer: I received an ARC copy from the author and voluntarily reviewed this book. Edited to add a pic

This coloring book is fantastic. I have been an avid colorer since I was a child and it has always been extremely meditative for me; whenever I am a bit stressed, I color. I love that recently, coloring has become a "thing", especially for adults. Some of the designs in this book are swirly like calligraphy, some are very boxy and a bit more masculine. I like that some are tight designs while others are looser and more flowy. I am also addicted to and drawn into mandalas and there are some in this book. I feel that it is a great book for kids and adults, male and female. I like to color with both pencils and markers so I would suggest placing a piece of paper between the sheets if using markers, otherwise the colors might bleed through. The paper is nice but some markers do bleed. I love the repetitive nature in the designs and feel that is what makes it meditative. All around, a beautiful book to add to your collection!

What a beautiful book! The designs are just lovely, and the paper quality is wonderful. I have tried other coloring books and found them tedious and less than relaxing to color, in large part because their lines are too "tight." Lori's designs are intricate and beautiful...the lines clean and precise...and

a joy to color. The designs are, in fact, meditative. I fall in love with the design I'm working on, and then flip the page and fall even harder. I would recommend this book for its beautiful, intricate designs and colorability. It's my new favorite.

This book doesn't disappoint. There are times, I have bought a coloring book and found the patterns are repeated throughout the book. Not with this book! Each page has a new pattern. AND if you want a larger open pattern, or a smaller more involved design, you can pick and choose. I am working with prismacolors on a larger more open design and enjoying it. You don't get 'lost' in the design, not knowing what color you should use. It's simple enough to repeat the colors, yet intricate enough to bloom with color and design, the colors creating the depth that is intended to appear by the author. As you work, nuances of the design become more apparent. A fun way to relax in the evening after a long day. This is a great diversion.

I am having a lot of fun with this coloring book! I like the variety of shapes, line thicknesses, and intricacies of the designs. Some of the designs are circular while others are more rectangular. The thing that I like the best is that I can make up stories that go along with the designs. One page that I am working on is floral, but there are other shapes that make me wonder where the garden is and what is connecting the flowers. Another page has what I think looks like a Chinese dragon. An exciting story will come out of this page as I color it! I am using colored pencils and the paper is quite nice for them.

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